

Family Green Survival™ Eating Green Experience Record

Date: _____

Participants: _____

Dishes Prepared

Comment

| Dishes Prepared | Comment |
|-----------------|---------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Summarize your reaction to the food and your feelings about Eating Green:

Thank You